

# Local Flavor Café

## Eat Real Food and Stay Healthy!

For Kids 12 and under

Build your own Sandwich start with turkey, ham or avocado.  
Then choose from cheddar or swiss, lettuce, pickle and tomato on wheat 6.

Grilled Chicken and Cheese served hot on a multi grain bun 6.

Den's Gooey Grilled Cheese with jack and Colby on wheat 5.

Ian's Organic Peanut butter with local organic honey on wheat 5.

• All Sandwiches Served with Tortilla Chips •

Grilled Chicken Plate with choice of two: fries, pears or veggie 7.

### Sides

Fresh Veggies • carrots or broccoli 2.5

fresh pear slices 1. 1/2 avocado 1.5 fries 1. side salad 3.

